

## **Complementary Health Care Degree (CHD)**

An innovative opportunity to study complementary/holistic approaches to maintaining health and supporting recovery from injury or illness, orienting students to complementary health care theories, principles, and practices. This two-year degree program provides a comprehensive background in various modalities.

Number	Suggested Course Order	Cr	Semester	Grade	Prerequisites/Notes
ENG101	English Composition I	3			ENG100, RDG100, FYE101, or placement
BIO115	Human Biology	4			ENG100, RDG100, FYE101, or placement
CHC101	Complementary Health Care	3			ENG100, RDG100, FYE101, or placement
PSY105	Introduction to Psychology	3			ENG100, RDG100, FYE101, or placement
FYE101	First Year Experience	3			ENG099, RDG099, or placement
	CHC Professional Elective	3/4			<b>Electives:</b> CHC102, CHC104, CHC105, CHC108, CHC110, CHC202, CHC204, CHC221, PHL210, PSY280, HUM212, MTC101, EXS102, EXS201, EXS203
CHC220	Mind-Body-Spirit Connection	3			ENG100, RDG100, FYE101, or placement
ENG102	English Composition II	3			ENG101
HST140	Counseling Methods and Interviewing Techniques	3			PSY105 strongly recommended, may be taken concurrently
MAT126	Topics in Mathematics (or higher)	3			MAT096 or placement
	Business Elective	3			<b>Electives:</b> ACC, BUS, CIS, ECO, MAS, MGT, MKT, PLS <b>Note:</b> CIS127 is recommended
	CHC Professional Elective	3			<b>Note:</b> See above for CHC electives
	Humanities Elective	3			<b>Electives:</b> ART, ASL, ENG, FRE, HUM, MUS, PHL, SPA, THE
	Social Science Elective	3			<b>Electives:</b> ANT, ECO, GEO, HIS, POL, PSY, SOC, SSC
	General Elective	3			<b>Electives:</b> Any course (see page 66 for exceptions)
BIO101	Introduction to Nutrition	3			ENG100, MAT092, RDG100, FYE101, or placement
CHC230	Professional Issues and Ethics in Complementary Health Care	3			CHC101, CHC220 co-requisite restricted to CHC degree seeking students who have completed 45 credits
	CHC Professional Elective	3			<b>Note:</b> See above for Professional Electives
	Health, Fitness, Wellness Elective, and General Elective	2/3			<b>Note:</b> See above General Elective
	Professional Elective	3			<b>Note:</b> See above for Professional Electives
<b>Total: 60/62 credits</b>					

See page 95 of the college catalog for program competencies and technical standards.

**Campus/format:** A majority of this program can be completed during the day or evening at the Gardner Campus.

**Transfer options:** Some CHC courses may transfer to Fitchburg State University. Check with the transfer advisor. Transfer agreements exist with Charter Oak State College and the University of Phoenix.

Visit the MWCC transfer services website at <http://transfer.mwcc.edu>.

**Special requirements:** Students must meet technical standards and additional requirements including immunizations, CPR certification, liability insurance, and a Criminal/Sexual Offender Records Information (CORI/SORI) (see page 22 of the college catalog).

3 Plus ONE eligible-go to: [www.mwcc.edu/3PlusONE](http://www.mwcc.edu/3PlusONE).

**Career options:** Coordinating programs at fitness centers, wellness centers, hospitals and spas. Many practitioners may be self employed or combine training with certification in other health disciplines.

**Earning potential:** Varies according to industry.

**Please Note:** Students who may be seeking an administrative career in the complementary and alternative medical field are encouraged to take the following course as their general electives: CIS127, MAS202, MAS102, ACC101.